

Meals at John Scottus National School

A substantial, nutritious, vegetarian hot lunch is provided by the in-house catering team.

We eat together and serve each other.

There is also food provided at break time and in Afterschool.

Nutrition

There is a fortnightly (10 day) balanced menu cycle which has been designed with the input of a nutritionist, taking account of the needs – protein, fat, carbohydrates, minerals, vitamins etc – of the children, their age and the length of their school day. In March 2018 we commissioned a professional nutritionist's report.

Variety & Choice

In providing food at school, we are trying to provide for the vast majority of children. Parents are asked to assist the school in encouraging their children to eat what is on offer. The school endeavours to facilitate children with special medical dietary needs.

Allergens

Do let us know if your child suffers from any allergies or intolerances.

Please note that John Scottus National School is a nut free school.

No food may be brought into the school.